

23rd Annual Canadian Otolaryngology Resident Sinus Course
University of Manitoba
Basic Medical Sciences Building
Theatre A, Second Floor
Winnipeg, Manitoba
July 11th and 12th, 2026

COURSE DIRECTOR

Richard Gall, MD FRCSC

University of Manitoba

DAY ONE

8:30 am:	Registration and Breakfast	Buhler Atrium
8:50 am:	Introduction and Welcome	R. Gall
9:00 am:	Lateral Nasal Wall/Maxillary/Ethmoid/Sphenoid anatomy	J. Lee
9:45 am:	Preoperative CT Review/Selecting the Surgical Candidate	D. O'Brien
10:15 am:	Refreshment break	J. A. Hildes Concourse
10:30 am:	Medical Management of Sinusitis and the Role of Biologics	J. Han
11:15 am:	Surgical Ergonomics/Promoting Longevity in Surgical Careers	S. Nayan
11:35 am:	Complications of ESS – Causes and Management	M. Tewfik
12:10 pm:	Lunch	J. A. Hildes Concourse

1:00 pm:	LAB I: Interactive Endoscopic Dissection
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- 1) Uncinate/Middle Meatal Antrostomy
- 2) Ethmoid Bulla/Basal Lamella
- 3) Penetrate Basal Lamella
- 4) Identify Superior Turbinate Basal Lamella
- 5) Identify Sphenoid Face
- 6) Identify Skull Base

3:45 pm:	Refreshment Break	J. A. Hildes Concourse
5:00 pm:	Dismiss	

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DAY TWO

8:00 am:	Breakfast	J. A. Hildes Concourse
8:30 am:	Frontal Sinus Anatomy	M. Tewfik
9:15 am:	Peri-operative Care of the Sinus Patient	D. O'Brien
10:00 am:	Refreshment Break	J. A. Hildes Concourse

10:15 am: LAB II: Completion of Dissection/Advanced Techniques with lunch break, Q and A & Closing Remarks

- 7) Complete Endoscopic Frontal Sinus Approach
- 8) Above/Below Approach/Trephination
- 9) Lateral Canthotomy/Cantholysis
- 10) SPA Ligation/Orbital Decompression/Vidian Neurectomy
- 11) Transsphenoidal & Other skull base approaches

12:15 pm:	Lunch	J. A. Hildes Concourse
4:45 pm:	Stretch Break/Evaluations	J. A. Hildes Concourse
5:00 pm:	Departures	Residents are welcome to continue with dissection until 5 PM